



### **2019 IWF Masters World Cup**

There is no Qualifying Standard to meet.

#### **Qualifying Criteria is as follows:**

Athletes must have competed at an OWNZ sanctioned event in 2018 as a Competitive Member between the dates of 31 August 2018 until 31 December 2018

OR at a 2019 event as specified below.

(Athletes who have competed using a Recreational Membership must join OWNZ as a 2019 Competitive Member, and compete **before** entering this event.)

All athletes who enter must join OWNZ as a 2019 Competitive Member **before** entering this event.

Athletes must have competed within the new bodyweight they want to enter in.

Athletes can enter individually using the online Entry Form.

**From 2019, athletes cannot qualify for this event at a club competition.**

The 2019 events which an athlete can compete at in order to qualify include:

- 2019 Auckland Championships (March)
- 2019 Dunedin Meet (March)
- 2019 Wellington Championships (March)
- 2019 CSI Open (April)
- 2019 North Island Championships (May)
- 2019 South Island Championships (June)
- 2019 AWF Masters Oceania, commonwealth Championships & Pacific Rim Tournament (June)
- 2019 Central North Island Championships (July)
- 2019 IWF Masters World Championships (August)

Note that in order for you to enter any of these events you **MUST** be a 2019 OWNZ Member on a Competitive Membership.

**Submitting an EOI for this event is COMPULSORY.**



Other international qualifying events may be added to the OWNZ sanctioned calendar. This information will be posted on the OWNZ website and OWNZ Masters facebook page.

**Any athlete who has entered without meeting the Qualification Criteria stated in this document will be withdrawn from the Preliminary Start List and the athlete will be notified of the withdrawal. Any costs already committed by the athlete will be their responsibility.**

#### **VENUE**

Town and Country San Diego

#### **COMPETITION DATES**

3-6<sup>th</sup> October 2019

#### **REGISTRATION LINK via [usaweightlifting.org](http://usaweightlifting.org)**

Registrations are open.

Registrations close: 5 September 2019

#### **START LIST & SCHEDULE**

7 September 2019

#### **INDIVIDUAL REGISTRATION FEES – non refundable**

Individual – online \$150USD

Team Entry - \$70AUD



## **AGE AND WEIGHT CATEGORIES**

The IWF rules and regulations apply.

### **Male Age Group**

Age Group M35 (35-39) M40 (40-44) M45 (45-49) M50 (50-54) M55 (55-59) M60 (60-64)  
M65 (65-69) M70 (70-74) M75(75-79) M80 (80+)

### **Male Weight Category**

Weight Category 55 61 67 73 81 89 96 102 109 109+

### **Female Age Group**

Age Group W35 (35-39) W40 (40-44) W45 (45-49) W50 (50-54) W55 (55-59) W60 (60-64)  
W65 (65-69) W70 (70+)

### **Female Weight Category**

Weight Category 45 49 55 59 64 71 76 81 87 87+

## **ACCOMMODATION**

Town and Country San Diego  
500 Hotel Cir N  
San Diego, CA 92108

Call: 800-772-8527 Option 2 and reference USA Weightlifting room block.

Note that participants are required to book accommodation for at least 2 nights at the Town and Country San Diego, the official hotel for the competition. All event related activities will happen at the competition hotel.

## **FURTHER INFORMATION**

Please get in touch with anyone on the OWNZ Masters Committee:

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