



2018 Annual Report

Olympic Weightlifting New Zealand

www.olympicweightlifting.nz

Our Mission

Is to lead, strengthen and promote the sport of Weightlifting in New Zealand

Our Vision

“More Kiwi’s Choose Weightlifting”

Our Values

Integrity

Leadership

Excellence

Resilience

Executive Group

2017/2018

President: Garry Marshall

Vice Presidents: Jules Dempsey & Richie Patterson

North Island Delegates: Simon Kent & Neroli King

South Island Delegates: Shanaya Allan & Andy Jameson

Treasurer: N/A

Staff

General Manager: Emma Pilkington

Administrator (from 16 July 2018): Paule Poulin

Officers

Statistician: Ron Mann

High Performance Director: Simon Kent

Referee Examiner: Garry Marshall

National Selectors: Tony Ebert, Jodie Mason & Jason Fanning

Anti-Doping Officer and Masters Organiser: Neroli King

Secondary School Coordinator: Ray Everest

Life Members

Tina Ball

Rory Barrett

John Bolton

Garry Marshall

Bruce Cameron

Tony Ebert

Ron Mann

Julian Dempsey

Michael Reid

Keri Thomas

Lyn Cameron

Barbara Grieve



2018 PRESIDENT'S REPORT TO OLYMPIC WEIGHTLIFTING NEW ZEALAND ANNUAL GENERAL MEETING

Garry Marshall

A year of peaks and troughs, with the peaks well and truly exceeding the troughs. The ultimate peak was in my opinion the efforts of David Liti at the 2018 Gold Coast Commonwealth Games. David's effort of winning Gold in the 105+ plus category was full of merit as not only did he win gold but he was the recipient of the Award for Outstanding Sporting Spirit from all athletes competing at the 2018 Commonwealth Games. More recently David has been awarded the very prestigious NZOC Yvette Williams Scholarship. David's year kicked off with a solid performance – 2017 IWF World Championships in Anaheim 105+kg category and a total of 388kgs.

Another peak was achieved by Laurel Hubbard who became the first New Zealand weightlifter to ever win a medal when at the IWF Senior World Championship 2017 in Anaheim-USA. She was the silver medallist in the 90+kg category, bringing great credit to herself and OWNZ. At the 2018 Gold Coast Commonwealth Games Laurel was most unfortunate, suffering a serious elbow injury which forced her to retire when leading the competition.

Another highlight was the performance of Kanah Andrews-Nahu at the Oceania Championships in New Caledonia. As the top Oceania female Youth lifter she qualified to compete at the 2018 IWF World Youth Olympic Games in Buenos Aires, Argentina, October 6-13. Kanah will be accompanied by her personal coach Richard Patterson which will add considerably to her chances of success.

RESULTS:

2017 OWNZ National Championships.

| | | |
|--------|--------------|----------------|
| Women | 48kgs | D Watson |
| | 53kgs | P Patterson |
| | 58kgs | O Semenko |
| | 63kgs | A Gould |
| | 69kgs | E Wright |
| | 75kgs | K Andrews-Nahu |
| | 90kgs | B Rogers |
| 90+kgs | T Lambrechts | |
| Men | 69kgs | C Power |
| | 77kgs | C McTaggart |

85kgs C Urgert
 94kgs R Patterson
 105kgs A Barakauskas
 105+kgs D Liti

2018 Gold Coast Commonwealth Games.

| | | | |
|-------|---------|--------------|-----------------|
| Women | 53kgs | P Patterson | 6 th |
| | 58kgs | A Boon | 5 th |
| | 69kgs | A Hams | 6 th |
| | 75kgs | B Rogers | 4 th |
| | 90kgs | T Lambrechts | 5 th |
| | 90+kgs | L Hubbard | NT |
| Men | 62kgs | I Guinares | 7 th |
| | 69kgs | V Villalon | NT |
| | 77kgs | C McTaggart | 7 th |
| | 85kgs | R Patterson | NT |
| | 105kgs | S Chalaev | NT |
| | 105+kgs | D Liti | 1 st |

2018 Oceania Championships.

| | | | |
|---------|----------------|-----------------|-----------------|
| Women | 53kgs | A Rayner | 6 th |
| | 58kgs | S Wells | 6 th |
| | 63kgs | S Wright | 3 rd |
| | | E Bateman | 4 th |
| | 69kgs | E Wright | 1 st |
| | | S Hansen | 2 nd |
| 75kgs | K Andrews-Nahu | 1 st | |
| | Z Glasson | 3 rd | |
| Men | 56kg | A Fesolai | 2 nd |
| | 69kgs | C Power | 4 th |
| | 77kgs | R Johansson | 6 th |
| | 85kgs | C Smith | 3 rd |
| | | J Homersham | 5 th |
| | 94kgs | D Sekone-Fraser | 3 rd |
| 105kgs | A Barakauskas | 3 rd | |
| 105+kgs | D Liti | 1 st | |

IWF Masters World Championships 2018, Barcelona, Spain.

| | |
|--------------|------------------|
| D Hampton | NT |
| N Soares | 22 nd |
| F Alesana | 4 th |
| O Smith | 4 th |
| J Tatana | 1 st |
| S Clark | 3 rd |
| C Mayes | 3 rd |
| L Cunningham | 2 nd |
| A Haw | 3 rd |
| T Ngalu | NT |

The major “trough” during the last year was the resignation of the OWNZ General Manager – Emma Pilkington. Emma was more than a General Manager, she coached lifters at local and International competitions, and she lifted with great result and was hugely popular with all those who were fortunate to have contact with her. At the time of her resignation the EG realised that she would be difficult/impossible to replace. A decision was made not to seek another General Manager but rather we would appoint an Administrator. The appointment of Paule Poulin to the position of OWNZ Administrator was confirmed in July and she has taken to the role like a duck to water. At this stage she has made contact with the majority of OWNZ members and supporters.

OWNZ International IWF Technical Officials have represented OWNZ at several International events, including the 2017 Commonwealth Games and the 2018 Oceania Championships. In addition Barbara Grieve has officiated at the 2018 IWF JWC in Tashkent, Uzbekistan on the 6th July. Barbara also represented OWNZ at the Congress which was held in conjunction with the JWC.

Keisha-Dean Softe has just been appointed as a Technical Official to the 2018 IWF World Championships in Turkmenistan.



Barbara Grieve is in the middle row, 6th from the right.

The appointment of Neroli King to the IWF Women’s Commission is a reward for the work she has put into the sport of weightlifting and reflects well not only for her but also for OWNZ.

The OWNZ Statistician Mr Ron Mann continues to provide us all with valuable information including ranking lists, qualifying lists and checking the eligibility of all entries in OWNZ sanctioned contests. Ron’s rankings and qualifying lists are very important for team and individual selections and the Selectors – Tony Ebert (Convenor), Jodie Mason and Jason Fanning have relied on information provided by Ron to make their selections and have worked diligently to make sure OWNZ is represented by the very best available athletes.

Congratulations must go to the 4 Senior lifters who have established NZ records during the year.

Alethea Boon 58kgs, c&j 100kgs, Total 181kgs.

Andrea Hams 69kgs, snatch 95kgs, Total 206kgs

Bailey Rogers 76kgs, c&j 116kgs.

David Liti 105+kgs, c&j 229kgs, Total 403kgs.

The numbers of National Age Group records are impressive:

| | |
|---------------|------------|
| Masters Men | 57 records |
| Masters Women | 68 records |
| Junior Women | 17 records |
| Youth Women | 14 records |
| U15 Men | 10 records |
| U15 Women | 23 records |

The increased growth of Masters lifting is notable and there are 10 lifters competing at the IWF World Masters Championships in Barcelona, Spain, August 18 – 25 and it can be seen from the above figures that it has been a successful year for a large number of them. Earlier in the year a team of our Masters lifters competed in the Australian and Oceania Masters Championships in Melbourne, 24 – 27 May. Shanaya Allan has worked with Simon Kent and Neroli King to develop an elite group of lifters who will travel to Kurashiki, Japan to take part in a High Performance training camp, 11- 18 September. This is the result of a request from the city of Kurashiki to foster relationships prior to and after the 2020 Tokyo Olympic Games.

Finally I wish the incoming Executive Group all the very best and all officials and competitors an enjoyable and successful 2018 OWNZ Championships.



Garry Marshall
President
Olympic Weightlifting New Zealand

Administrator Report

Paule Poulin

The 2017/2018 year has brought many highlights and also challenges.

The General Manager for the last three years, Emma Pilkington, resigned to move overseas and a new staff member, Paule Poulin was brought in as Administrator in mid-July.

The important issue for OWNZ is to continue to accomplish the activities it does to a standard that always increases and builds upon lessons learned from feedback and reporting, and to do this considering the resources at its disposal. To move to the next level, OWNZ needs to take the challenge of linking national events, development of the pathways and high performance with funding and strategic plan, which is due to be renewed soon.

A highlight for the General Manager this year was being the Team Manager of the 2018 Commonwealth Games. This international campaign was a primary focus for Olympic Weightlifting New Zealand and culminated in a successful event generating much attention on our athletes and organization.

I would like to give many thanks to our Executive Group, Officers and Volunteers of our sport. Without you all there would be no organized Olympic weightlifting so thank you for your time, knowledge, input, support and enthusiasm. It is the strength of our people that makes our sport a successful one from the grassroots to the elite levels.

Find below brief overviews of our key strategic plan pillars.

SUSTAINABLE ORGANISATION

Strategic Plan & Financial Stability

Our Strategic Plan is clear, but making this plan a reality requires resources that are not always available. The Executive Group of OWNZ and the Administrator must refer back to this plan and review where the sole paid employee spends her time and where the Executive Group members' time should be spent.

Certain areas of our plan and outcomes that we want to achieve must be delegated to the Executive Group or Volunteers as the Administrator urgent attention is required in many other areas. The newly voted in Treasurer will help tremendously to free up the Administrator from some of the financial responsibilities but a Funding Officer that can assist our organisation in becoming financially stable is strongly recommended.

Succession Planning

There needs to be succession planning for both the Executive Group positions, Officers of the organization and potential employment positions. Ensuring personnel in potential roles understand our sport but also bring commercial and business experience is the key to our future. As an organization, we need to recruit and retain people with the required skills level to bring the organization to the next level.

Funders & Sponsors

I would like to thank the gaming trusts & sponsors for their continued assistance & support throughout this year. This enables OWNZ to deliver the outcomes from grassroots through to high-performance.

Sport NZ (Funder)

High Performance Sport NZ (Funder)

New Zealand Community Trust (Funder)

North and South Trust (Funder)

Sport Auckland (Funder)
Infinity Foundation (Funder)
Four Winds Foundation (Funder)
Pelorus Trust (Funder)
The Southern Trust (Funder)
Industrial Athletics (Sponsor, agreement now over)
Inline Nutrition (Bronze Sponsor)
Bene Sports Medical (Product Supplier)

There have been some funding applications in the 2017/2018 year that were unfortunately declined due to the Trust/s having an excess of applications and insufficient funds to meet these requests. However, we will continue to be persistent with these applications as they really do make a difference.

The New Zealand Olympic Committee also provide much needed Solidarity funding that assisted in holding a Commonwealth Games Training Camp as well as a Youth and Junior Training Camp.

Moving forward it is critical that we look into ways of becoming commercially sustainable so that we provide real value for our partners and sponsors.

RAISING THE PROFILE

Media

High Performance

The 2018 Gold Coast Commonwealth Games gave some leverage to gain exposure in the media and this momentum must be maintained as we look towards the Youth Olympic Games in Argentina in October 2018 and the Tokyo Olympics in 2020. David Liti winning the David Dixon Award is a by-product of our athletes being fantastic human beings as well as athletes and that is something that we need to promote going forward. The vision is to keep inspiring young Kiwis to take up Weightlifting. Some more local initiatives like Cam McTaggart going on What Now TV show can help raise the profile for potential new athletes.

Richard Patterson named to NZOC Athletes' Commission

Richard Patterson was named to the New Zealand Olympic Committee Athletes' Commission in August 2018 and it is significant to have an Olympic Weightlifter of his calibre on this important group. He already started work with the Commission and will continue to positively influence through this role no doubt. He was also named to the NZOC Education Commission so it will be interesting to see the connections made with him on those two commissions.

Masters & School Athletes

Our National Secondary School Championships is a great event to promote our sport as an accessible by anyone of any age and the fantastic increase in numbers is notable, as well as the number of viewers who watched the live stream. Our Masters athletes competing on the world stage and at home can also inspire by showing that work, kids, and grandkids even can be juggled with an active weightlifting training schedule.

CLUB CAPABILITY & VOLUNTEERS

New affiliated Clubs

We welcome newly affiliated 2017/2018 Clubs to our weightlifting community. It is great to see more facilities affiliate as a Club to grow and nurture the sport in their region:

Olympic Weightlifting Blenheim
UCOL Weightlifting Club
Wairarapa Barbell Club

+64 Weightlifting Club
West Auckland Barbell
Crossfit Mauri
Porirua Barbell Club
Tarawhiti Strength and Conditioning
Kaha Krew Lifting Rotorua

New clubs must be aware of the minimum requirements of five active members for their clubs and are encouraged to activate three new technical officials per year. This is particularly important for clubs that are geographically far from other more established clubs so that they can eventually become independent to host club competitions. Mentoring of new clubs by more experienced clubs has been successful recently and hopefully this will continue over the next year.

Club Hosting Competitions

A special thank you to +64 Weightlifting Club who opened their facility so that the Christchurch City Weightlifting could host the South Island Championships there this year. This type of collaboration between more experienced clubs and new clubs is what ensures the sport keeps growing.

CSI, 41DWC, Otago, Otara, FSO, Nelson, NLOW, OWA, UHWC, CCW, BOP and Whanganui Weightlifting Club thanks to you for hosting regular Club Competitions for our members to participate in. These clubs range from a handful to close to a dozen competitions per year. This provides an avenue for our athletes (Youth, Junior, Senior & Masters) to be eligible to compete at our North/South Island Champs and qualify for National and International Weightlifting events.

Technical Official Workshop

Mid-late 2016 we created a Technical Official Workshop to educate participants about the roles required during weightlifting competitions.

This workshop has been delivered several times now to newly minted Provincial Technical Officials. Thank you to SHQ, CSI, Otago, 41DWC and Manawatu Olympic Weightlifting (hosted with support from UCOL Weightlifting Club) for hosting these and to the IWF Category One and National Level TOs for presenting the content. Overall the responses have been very positive. Participants enjoyed the small group setting which helped everyone to interact and share experiences in a discussion style. They said the presentation gave a clear description of each role in weightlifting with personal examples and the practical stations allowed them to see what is required of every role. 25% of participants who voted said that they were delighted with their experience and 75% voted that they were very satisfied with their experience.

The long term impact of this workshop has been seen in the performances of our volunteers at 2018 National Events. More of our volunteers understand the duties required as TOs which ensures better quality events are run.

Online Exams

There is still a plan to accompany the workshop with a Video Referee Exam to assist Club Level Referees to immediately advance to National Level Status after their two sessions as Club Level Referee and the prototype has been reviewed by the Referees Examiner and Administrator. The current pathway to graduate to National Level of a one year wait after the two club competitions is time consuming and limited in feedback. The new Video Exam will provide novice referees with immediate feedback which will have a positive impact on their future performance.

COACHING & TALENT DEVELOPMENT

Coaching Course and Forum

AWF Level One

Since late 2016 we have partnered with the Australian Weightlifting Federation to deliver their Club Sports Power Coach Level 1 course in New Zealand.

We have delivered one course in February to a total of nine participants. Participants of this course learn how and what weightlifting techniques should be taught to athletes with a range of abilities. This course is 50% theory and 50% practical and also brings in small revenue for our organisation which helps with our financial situation.

The partnership with the AWF is working well but we do see the need for more work in this area with other Coach initiatives.

In April 2018, the first Coaches Forum was held in Auckland to coincide with the end of the Junior/Youth Development Camp. Coaches at the Forum benefitted from presentations from experienced international level coaches, and on the second day were divided in teams of three mixing experienced coaches with newer ones to coach the young athletes through a competition. This initial Coaches Forum was very well received by the participants and there are plans to hold such forums regularly to help solidify the NZ Coaching network. 80% of participants who provided feedback were delighted with their experience and 20% were very satisfied.

Participant comment: The young athletes we got to coach were incredible and such a great idea to combine the two events. To be put into a quick reaction situation to coach within minutes of meeting the athletes was a good test of the process. The networking opportunities were also very appreciated between coaches but also with the future of NZ lifting.

The Secondary School Coordinator, Ray Everest, with the assistance of our NZ Coaches, has developed a "Learning through Lifting" coach development program that is aimed at those coaches that wish to deliver our school weightlifting program and some schools are already benefitting from this new program.

This is still a work in progress but we believe it is a step in the right direction if we are looking forward to seeing more weightlifting coaches being interactive in schools and their local communities.

Weightlifting in Schools

This will be covered in the Secondary Schools Coordinator report (Ray Everest).

COMPETITIONS & EVENTS

National Events & Club Hosts

It is exciting to see Clubs volunteer and step up to the next level to host an OWNZ National Championship Event, especially for the first time. Some of the more established Clubs have been holding National Events many times and it is fantastic to see new ones stepping up, especially with early proposals at the Annual General Meeting. Without club hosts, we would not have any of these events. They happen because of driven individuals from each region around New Zealand.

We have seen variations once again in some event participation numbers compared to last year. Of particular note is the 32% increase in participation for the National Secondary School Championships which could be due to location but also to the Secondary School Programs that have been implemented. The variations also could be for various reasons but it seems that the more remote from big centres the event, the less entries due to travel and accommodation costs and the opposite when events are held in larger centres.

| 2018 National Event | Hosting Club | Region | Participa-tion Numbers | Comparison to 2017 |
|--|---------------------------------|--------------------------|---|---|
| North Island Champs | Bay of Plenty Barbell | Mount Maunganui | 88 total (49 females, 39 males) | 21% decrease (Possibly due to travel to location) |
| South Island Champs | Christchurch City Weightlifting | Christchurch (At +64 WC) | 77 total (31 females, 46 males) | 19% increase (possibly due to location) |
| National Secondary School Champs | Functional Strength Olympic | Auckland | 94 Total (39 females, 55 males) | 32% increase (possibly due to Auckland location) |
| National Senior & Junior Champs (21-23 Sep 2018) | OWNZ at Papatoetoe WC | Auckland | 129 total as of close of entries (65 females, 64 males) | 11% increase |
| National Masters Champs | Upper Hutt Weightlifting Club | Upper Hutt | Increase in numbers expected due to location | 23 females and 13 males in 2017 |

Leagues

We did not run a Club Champions league this year due to no Volunteer to take it on and other more pressing priorities for the General Manager.

For school level athletes we did not run an online league this year again. We found retention was not great in 2016 due to the long duration of the league and submitting results via email being too challenging.

There is still potential to run such leagues again in the future if the manpower is available to run these extra leagues.

Masters Events

2017/2018 has once again been a busy one for our Masters athletes, and the Masters Organiser, Neroli King will cover those in detail in her report.

Suffice to say that between the 2017 Oceania Masters Champs, Pacific Rim Tournament, World Masters Cup in the Gold Coast, the Australian Masters Open and Oceanias Championships in Melbourne and the IWF Masters Championships in Barcelona, Spain on the international front, combined with the National Master Championships held in Nelson in December 2017, there was a choice of events to pick from for our keen Masters community.

Masters athletes also lift at such events as North and South Islands and many are active volunteers be it as coaches, technical officials, or volunteering to help out where they can.

HIGH PERFORMANCE

A full overview will be given by Simon Kent our HPD, however I would like to highlight the work that has been done by our national statistician, anti-doping officer, national selectors, team managers and team coaches who give much of their time towards preparing selection for various international events, sometimes with very large teams.

AREAS OF IMPROVEMENT

- Urgent work on becoming financially stable through employment of the new volunteer Treasurer and a yet to be recruited Funding Officer
- Build on current sponsor relationships & investigate potential sponsors & business partners
- Build on our Executive Groups governance skills and begin succession planning
- Ongoing collection of feedback from clubs, athletes & volunteers to ensure we meet their needs & wants
- Develop & deliver our own Coaching Courses that can also be a source of income
- Assist Clubs into delivering quality school programmes that retain student participation to a national level

Regards,

Paule Poulin

Referee Examiners Report

Garry Marshall

OWNZ has the following Technical Officials.

Auckland: 4 IWF Cat 1
1 IWF Cat 2
24 national
14 Provincial

Northland 4 National
2 Provincial

Bay of Plenty 3 National
3 Provincial

Manawatu 2 National
11 Provincial

Wellington 10 National
11 Provincial

Nelson 3 National

Canterbury 9 National
6 Provincial

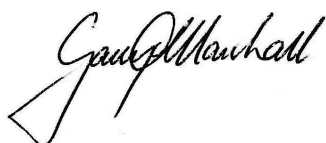
Otago 8 National
13 Provincial

Southland 1 IWF Cat 1
2 IWF Cat 2
1 National

Overall Numbers: IWF Cat 1 5
IWF Cat 2 3
National 64
Provincial 57

The numbers look good but very few of our Technical Officials move outside their local gyms. There is a need for more availability of opportunities to upskill as too many officials pass the initial test and then fail to work on learning new skills or keeping abreast of IWF rule changes.

Ron Mann has continued to provide monthly updates which have assisted me greatly.



Garry Marshall

Selectors Report

Tony Ebert/Jodie Mason

It's been a busy 2018 for the National Selection Panel!

Jason has joined the team, and has made a strong impact in his approach, ensuring that as a team we are working efficiently and considering a wide range of variables.

Once again the selection standards have lifted on prior years, and we are delighted with the way athletes continue to rise to the challenge, with many athletes achieving strong totals and being selected to represent New Zealand.

2018 is an interesting year in the world of weightlifting – we kicked off with the 2018 Commonwealth Games nominations, and can proudly say that 12 nominated athletes were ultimately selected by the NZOC to compete at what is one of NZ Weightlifting's pinnacle international events.

We have also this year selected New Zealand's First female weightlifter to compete at the Youth Olympics in October 2018. It is exciting to see our sport to continue to evolve and see the popularity amongst female competitors continue to grow.

We end this year with new weight classes and kicking off the campaign towards Tokyo 2020 under the new individual qualification scheme. As a team, we are excited to see what this means for our 2019 Selection Policy and look forward to the new challenges we may face.

During the middle of the year we bid farewell to Emma Pilkington, who over her term as GM of OOWNZ has been instrumental in delivering a clearly defined and transparent Selection Policy. The work Emma did in this space has greatly improved our processes and criteria we consider as the selection panel, and we look forward to this continuing to improve and evolve over the coming 12 months with the new weight classes in place.

In 2017 we had over 100 athletes represent New Zealand internationally, and although we did not quite top those numbers in 2018, we have still had a very strong year for international selection with more than 50 athletes taking the platform for New Zealand at international competitions.

Many thanks must go to Ron Mann and his statistical input, without whom our job would be so much harder, Emma, Paule and the OOWNZ Executive Group for their governance of our sport and Simon Kent for his collaborative approach as High Performance Director.

Regards,

Jodie Mason on behalf of Tony Ebert

High Performance Report

Simon Kent



1.0 Overview

The major High Performance focus for the 2017/18 year was the 2018 Commonwealth Games. After a rigorous qualification and selection process, twelve athletes and five management were selected by the NZ Olympic Committee (NZOC) to represent New Zealand and OZNZ at the event. The Games proved to be a rollercoaster ride for the NZ Team, with a mixture of tremendous highs and lows. Ultimately, the team left the Gold Coast with the one Gold medal, David Liti's outstanding performance to win the men's 105kg+ division.

Men's results;

- Ianne Guinares – 7th 62kg class, 116kg snatch, 145kg C&J, 261kg Total
- Vester Villalon – DNF 69kg class, 118kg snatch
- Cameron McTaggart – 7th 77kg class, 130kg snatch, 160kg C&J, 290kg Total
- Richie Patterson – DNF 85kg class
- Stanislav Chalaev – DNF 105kg class, 148kg snatch
- David Liti – 1st 105kg+ class, 174kg snatch, 229kg C&J, 403kg Total

Women's results;

- Pip Patterson – 5th 53kg class, 76kg snatch, 95kg C&J, 171kg Total
- Alethea Boon – 5th 58kg class, 81kg snatch, 100kg C&J, 181kg Total
- Andrea Hams – 6th 69kg class, 95kg snatch, 109kg C&J, 204kg Total

- Bailey Rogers – 4th 75kg class, 88kg snatch, 116kg C&J, 204kg Total
- Tracey Lambrechts – 5th 90kg class, 93kg snatch, 120kg C&J, 213kg Total
- Laurel Hubbard – DNF 90kg+ class, 120kg snatch

With the standard of lifting in the Commonwealth continuing to rise it is imperative OZNZ continues to develop our Youth and Junior lifters alongside our Coaches so we can continue to be competitive at this level of competition in four years' time. Overall, the NZ Team performed well at the Games, with a little more luck we would have added to the medal tally. We continue to develop strong and positive relationships with the NZOC and HPSNZ but must also look at avenues to help support our HP athletes, particularly with the move to individual qualification which places added pressure on athletes and coaches to find funding.

A strong focus for the OZNZ HP programme moving forward is to clearly define values, expectations and role clarity for all involved. The process began at the 2018 Commonwealth Games training camp where a Team Manaakitanga was developed based on the four values of **Resilience, Integrity, Leadership** and **Excellence**. Rob Waddell, Chef de Mission for the 2018 CG attended and spoke to the team as well as convener of selectors Tony Ebert who shared his experiences. It is these core values that shape and guide the HP program.

OZNZ TEAM MANAAKITANGA

KEY VALUES: BELIEVE → BEHAVE → BECOME

Resilience:
We will control what we can control and deal with adversity calmly and with common sense. We will have a positive approach in all situations, seeing the good, not the bad. We demonstrate courage in action.

Integrity:
We will act in a manner that our peers, team mates, country and ourselves will be proud of. We will be leaders within the sporting community.

Leadership:
We will lead ourselves and recognise the strengths of our team mates. We will hold each other accountable to our values, developing the mana in others. The Team comes first.

Excellence:
We will strive to become the best version of ourselves.



#EARN THE FERN



2.0 2017/18 International events

The outstanding achievement at the end of 2017 was Laurel Hubbard winning 2 silver medals at the IWF World Championships. These are the first ever Senior World Championship medals won by a New Zealand athlete.

OZNZ was represented at the following International Competitions over the past 12 months;

- 2017 IWF World Championships
- 2017 Mini-Pacific Games
- 2018 Commonwealth Games
- 2018 Oceania Senior, Junior & Youth Championships
- 2018 IWF Junior World Championships

The NZ Team performed very well at the 2018 Oceania Championships, importantly securing the women's spot for the 2018 Youth Olympics being held in Buenos Aries, Argentina. Kanah Andrews-Nahu has been

selected by the NZOC for this position after another excellent display that saw her claim the best youth female award at the championships. Kanah will be accompanied by her Coach, Richie Patterson.

This competition was however marred by the IWF's ruling to not allow eight NZ athletes to compete due to not having their ADAMS whereabouts registered/up to date. There were a number of factors at play resulting in this action, importantly OWNZ has reviewed the situation and made alterations to qualification criteria to ensure something like this never happens again.

Finally, Joachim Setefano and Uaealesi Funaki made the trip to Tashkent, Uzbekistan for the IWF Junior World Championships. Uaea placed 21st in a very competitive 85kg class, Joachim placed an outstanding 9th place in the 105kg+ class.

3.0 High Performance Initiatives

We are continually looking for ways to support our HP programme, excitingly in 2018 the following initiatives have been started and funding secured.

- In partnership with Waikato University OWNZ athletes will be part of a transdisciplinary project on the physiological and socio-psychological health issues facing elite female NZ Olympic Weightlifters.
- Funding has been secured from Olympic Solidarity to run a Coach Development programme in 2019.
- David Liti has been awarded the Yvette Williams scholarship to aid his Tokyo 2020 campaign
- OWNZ has entered into an agreement with Kurashiki City, Japan in the build up to Tokyo 2020 with the purpose of developing an ongoing relationship allowing for opportunities to collaborate with the Japanese Weightlifting Federation.

4.0 Conclusion

As the sport of Weightlifting continues to grow in NZ, OWNZ finds itself struggling to meet the needs of its membership with only one fulltime staff member. Growing the organisations capacity is essential if we are to maintain and grow the sport at both High Performance and Community levels in NZ.

We do however continue to see outstanding results due to the committed work of many volunteers, our Junior and Youth ranks are particularly strong with a record six athletes qualifying for this year's Junior World Championships. Our challenge is to provide the systems and structures for these young athletes so they can perform at a Senior level, with the ultimate aim of winning medals on the International stage.

I wish to acknowledge the work of the OWNZ Administrator and Executive Group in supporting the role of the High Performance Director. OWNZ has and continues to make significant strides forward; this is very much a

Regards,

Simon Kent

Anti-Doping Officer Report

Neroli King

The International Weightlifting Federation continues to work with WADA with their ongoing commitment to implementing robust anti-doping measures in order to protect clean weightlifters. Despite measures taken to date, the IOC advised in July that the inclusion of Weightlifting in Paris at the 2024 Olympic Games is still conditional.

The WADA Code is currently being reviewed and all NSO's have had the opportunity to give feedback on the code changes which will come into effect 2021.

DFSNZ is currently conducting a review of how all NSOs have agreed to or adopted the Sports Anti-Doping Rules and are reviewing any anti-doping information provided on websites or by other means to ensure it is accurate and up to date with current policies.

Within NZ, our anti-doping record remains at 100% clean.

IWF enforced their two and three month deadlines for international competitions for the first time this year. This stipulation has always been in effect but not previously applied. As the result of a late selection (occurring within the two month timeframe) and despite the best efforts to ensure all athletes were registered and compliant, NZ, among other Pacific federations were held to this deadline for 2018 Youth, Junior and Senior Oceania Championships impacting on eight athletes of the NZ team. The selection timeframes are not within the purview of this report.

However, as a result, what has become obvious is, with a few exceptions, that registered athletes are not keeping their Whereabouts up to date unless they are advised that they have been selected for a specific international event.

And, Coaches do not seem to be including in their athlete's plans the intention to register athletes who have qualified for an event and who may be eligible for selection, nor are they checking that their registered athletes remain compliant.

To aid athletes and Coaches with what is obviously a need for education around ADAMS and compliance, deadlines (dates) have been added to the 2018 Selection Policy for the remaining international events and moving forward for the 2019 events so that athletes must be up to date in order to be selected.

In addition we are addressing the lack of knowledge around:-

- the need to be ADAMS compliant all the time
- that as OWNZ Members, athletes are bound by the WADA guidelines at all times – not just when competing internationally
- anti-doping implications particularly amongst new members who train independently of established clubs
- the use of supplements and nutritional information

And implementing the following strategies:-

Key National events have been identified by which date registered athletes must be ADAMS compliant in order to compete.

Coaches are invited to provide a list of their club's registered athletes and will be provided with an indication of their ADAMS compliance at any point in time.

All Club Managers and those who have identified on their Membership Form that they are also coaches have been communicated to and asked to complete the DFSNZ e-learning Module specifically for Coaches. New clubs affiliating with OWNZ are being asked to do the same.

All OWNZ members who have taken a Competitive or Secondary School membership are being asked to complete e-Learning Module Level 1. This will continue to be a requirement moving forward for new members.

Any athlete who competes internationally from October onwards will have to complete e-Learning module level 2 as a condition of their representing NZ (with an 18 month repetition expectation).

Anti-Doping Reminders are being included in the Members and Club Managers monthly newsletters.

DFSNZ is also producing a virtual reality representation of the actual drug testing procedure and once completed will be part of the athlete education process.

This education strategy will continue and be added to into 2019.

The ADAMS Whereabouts system continues to be a challenge to administer and for athletes to use, as it is not particularly user friendly. This is a worldwide problem. There is an indication that the system is being overhauled however there haven't been any timeframes or specific information provided.

As a result of greater education and an increased awareness of the importance of anti-doping and ADAMS compliance, I am hopeful that the level of understanding and commitment, plus personal responsibility from athletes and coaches, will rise significantly compared to what it is currently.

Neroli King
Anti-Doping Officer

Masters Organiser Report

Neroli King

Following on from the great support and number of NZ athletes that participated in the 2017 World Masters Games in NZ, as expected, the number of masters athletes who re-joined as OWNZ members in 2018 dropped.

However the athletes who are competing are passionate about the sport and the travel opportunities that international events provide them!

Our Membership database at the end of 2017 was approx. 172 Masters members – athletes and Officials. Currently our membership as of August (the date of the writing of this report) is approx. 137 – athletes and Officials.

The Masters community continues to be the backbone of our Officials – accounting for the majority of all our Technical Officials.

International Competition Results

The 2017 Oceania Masters Championships, Pacific Rim Tournament & Masters World Cup, held on Gold Coast, Australia in October saw a total of:

Athletes: 29

Medals: 57 (athletes are entered into more than 1 competition)

Records: 6 athletes

Awards: NZ Mens Team – 1st place

NZ Womens Team One – 2nd place

NZ Womens Team Two – 3rd place

Best Male in Age Group – Tevita Ngalu

Best Male Overall – 3rd place – Tevita Ngalu

Best Female Overall – 1st place – Natasha Cranmer

Coaches: 8

The 2018 Oceania & Open Masters Championships, held in Melbourne, Australia in May:

Athletes: 18

Medals: 36

Records: 23

Awards: NZ Mens team – 2nd place

NZ Womens Team One – 2nd place

NZ Womens Team Two – 3rd place

Best Female Overall – 1st place – Natasha Cranmer

The 2018 IWF World Masters Championships held in Barcelona, August:

Athletes: 10

Records: 6

Medals: 5

NZ Womens Team – 8th place

I would also like to acknowledge Christian Glinister and Ianne Guinnarens who flew to Barcelona to coach the athletes.

2018 Asia Pacific Masters Games is being held in September, in Malaysia.

Athletes: 2 entered – coaching each other

2018 Masters World Cup & Pacific Rim Masters Tournament is being held in October in China.

Athletes – entries have not closed at the time of this report

2019 Commonwealth Masters Weightlifting Championships is being held in Gold Coast – 13th – 17th June

2019 IWF World Masters Championships are being held in Montreal, 15th – 22nd in Canada.

2020's IWF World Championships will be held in Germany

NZ Competitions

2017 Masters Nationals were held in Nelson – participation numbers were a little lower than expected due to the event being held so close to the 2017 Oceania Championships.

2018 Masters Nationals will be held in December in Wellington, hosted by Upper Hutt Weightlifting Club and we are expecting a larger number of athletes.

2019 NZ Masters Games in February 2019, in Whanganui will include Weightlifting and will be held at CrossFit Whanganui. We hope that many of our masters athletes take part in this event.

The new bodyweight categories will also affect Masters athletes and a proposal was presented at the 2018 Masters Congress to introduce new qualification standards that will also reduce the number of qualifying athletes. Once approved by IWF Masters, OWNZ will be using the same standards. One of the aims for the new standards was to decrease the number of athletes qualifying for IWF masters events as the 2018 Barcelona Championships had to close their entries down a week early when entries had hit 950. As a result the competitions are long with very early starts and very late finishes and all with using dual platforms. It will be interesting to see the impact of the new Qualifying Standards when they are released.

At the end of last year we put forward a suggestion for a new entry system to be adopted so that we could put a country entry in rather than the individual entry system that all countries use for masters competitions. The benefits include being able to check qualification standards, make one entry payment, check Federation membership, and submit a team entry. However IWF Masters and AWF Masters were not able to change their system to allow for this. I'm sure that in time they will realise that this would simplify their processes but until then we have to stay with individual entries. This poses logistics problems with uniform orders and being able to provide coaching support to athletes when we have no way of knowing who has entered other than relying on emails and Facebook. Until we can formulate a better system we will continue to ask masters athletes to complete an EOI for competitions that they plan to enter and stay involved in the masters community so we know who is entering.

A newly formed Commonwealth Masters Committee has the intention of creating a more central hub of information for all Masters in the Commonwealth, including a central calendar and regular news updates.

I would like to personally thank the Masters athletes who continually volunteer their time at competitions in NZ – without this large group of people we would not be able to hold the competitions that we do.

Neroli King
OWNZ Masters Organiser

Secondary School Coordinator Report

Ray Everest

Another year has passed and we have seen exponential growth in our sport across the secondary school sporting landscape. A key driver of this role has been to create greater access to our sport and I feel like this has turned a corner due to the tireless work of our community.

Establishing and continuing to enhance relationships between our weightlifting community and Regional Sporting Trusts (RST) is the continued priority when it comes to increasing access. They are our link to schools, funding and coaching development opportunities. So far we have projects going with Sport Auckland and Harbour Sport. We have had initial meetings with Sport Waitakere, Bay of Plenty Sport and Manawatu Sport with the aim of building more opportunities for students there in the near future. We are of course aiming to get into all of the other areas as soon as possible!

This year we have utilised the “Engagement Protocol” created to support funding applications. It represents a sustainable and collaborative approach, as the same conversations can be had with the RST in all areas. Effectively, we are singing off the same song sheet, which is critical when showing RST’s that we are developing and applying systems.

As part of the process for developing this role, I wanted to recognise that we have a huge coaching capacity within our community. I believed that these individuals add value and enrich the lives of so many already, that it was a natural fit to have them engaged with schools programmes. Quality experiences is the key message of the Engagement Protocol which supports new and existing projects. This message has been supported above and beyond by the coaches out there engaging with schools. So for this, I am extremely grateful to those individuals.

Growth in this space represents the vision of OWNZ’s strategic plan of “More Kiwis choose Weightlifting”. It is clear in my mind that we are on this pathway. A pure example of this was our recent New Zealand secondary schools nationals in which 94 athletes were represented from 36 schools!

Moving forward we need to invest in the following:

- A Secondary school committee. The purpose of this committee is to oversee projects that enable weightlifting to be accessed and sustained at the secondary school level. I am only one person. This committee would bring together a working group committed to that space who would set financial targets and goals committed to growing our sport.
- A Junior representative on this board who is either in school or recently in school. Their voice and ability to comment on their recent experiences ensures that we don’t ignore the voice of our young ones.
- Continued quality experiences. This must remain at the forefront of our programmes. What that looks and feels like is always a great discussion to be had and this will continue to evolve as our sport grows. End of the day, kids must feel like this is a sport that they belong to.
- Leveraging the stars of our sport. They are of great value to these programmes because they are quality individuals. The work of these individuals at the grassroots has garnered some large carry over and we must continue to leverage their profiles to build a greater presence on the school sporting landscape. A huge thank you to our high performance athletes that offer their experiences and support to the kids in so many different scenarios.

Finally, a comment was made to me by a parent at the recent Secondary School Nationals. Her daughter was brand new to competition, in the first session of the weekend and taking the first lift of that session. She saw her daughter in tears of anxiety before going out on the platform. She then witnessed a

Commonwealth games representative console her, lots of support as she went to lift, her daughter crush the lift then so many other lifters giving her a high five as she came off the platform. She said to me "I never knew this sport was so supportive". Long may that feeling continue.

Financial Report

Paule Poulin

This report is for the financial year of 1st September 2017 – 31st August 2018. Each month a full Treasurer's report has been submitted to the Executive Group. These reports have clearly outlined account transactions, payments & account balances. Should any member wish to view these reports they can be found on the OWNZ website in the Executive Group minutes.

2018 Affiliations

| Club Affiliations | Member Affiliations |
|-------------------|---------------------|
| 34 | 527 |

2017/2018 Approved Funding

| Date approved | Funding Provider | Funding Reason | Funding Amount |
|---|-----------------------|------------------------------|--------------------|
| 05/10/2017 | Sport NZ | Community Investment Funding | \$10,000 |
| 21/12/2017 | Infinity Foundation | Salary | \$5,000 |
| 30/12/2017 | North and South Trust | Salary | \$10,000 |
| 11/01/2018 | HPSNZ | 2018 Campaign Investment | \$20,000 |
| 27/03/2018 | NZCT | Salary | \$6,000 |
| 12/03/2018 | Sport Auckland | School coaching (Kiwi Sport) | \$3,790.40 |
| 24/07/2018 | Pelorus Trust | Medals and pins | \$2,721 |
| 31/08/2018 | Southern Trust | Laptop for Administrator | \$1,300 |
| Total funding received during 2017/2018 Financial Year | | | \$58,811.40 |

2018/2018 Funding

| Date | Funding Provider | Funding Reason | Funding Amount |
|------------|----------------------------|------------------------------------|----------------|
| 15/05/2018 | Olympic Solidarity Funding | 2018 HP Training Camp (Jan/Feb) | \$16,115.89 |
| 25/06/2018 | Olympic Solidarity Funding | 2018 Youth and Junior Camp (April) | \$5,371.95 |
| 20/07/2018 | NZOC | 2017 PMG ONOC | \$3,581.30 |

Recommendations for 2018/2019

1. Accept this temporary Annual Financial Report and have the Executive Group ratify the Audit Report on behalf of OWNZ members once received from our Accountants.
2. Contract a Funding Officer whose role it is to secure sponsorship funding and grant funding: Funding plan needs to be in place a year in advance for ultimate efficiency and results.
3. The new OWNZ Treasurer, Anne Haw, is just taking over in September 2018 and can also work with the accountant to handle the financial incomings & outgoings of OWNZ.

Regards,
Paule Poulin

****The 2016/2017 Financial Performance Report, Statements & Audit can be found on the OWNZ website and the 2017/2018 Report will be posted once received*