



## The 2017 National Secondary Schools Weightlifting Championships Rules and Regulations

### Attn: All OWNZ Members and Secondary Schools

This document outlines the official rules and guidelines for schools and athletes who intend to compete at the 2017 National Secondary School Weightlifting Championships being held at two locations in New Zealand.

### Competition Overview

The 2017 National Secondary Schools Weightlifting Championships will be held on various dates in August. *Please note that results from each location will be kept private and will not be announced publically until after the final competition.*

**WELLINGTON** – 41 Degrees Weightlifting Club  
**WHANGAREI** – Northland Olympic Weightlifting

Following the completion of these two championships, the results from all events will be collated by OWNZ and national titles will be awarded to the highest placed athletes for their respective gender, age groups and bodyweight classes.

### Entry Forms

Entry forms are available on our Website: <http://olympicweightlifting.nz/2017-national-events/> and will be provided to all schools across New Zealand.

### Close of Entries

Schools must complete their entry forms and send back to the location email that the students are competing at by **Friday 4<sup>th</sup> August**.

### Competition Entry Fee

Entry fee per athlete is \$20.

Payment is to be made into the hosting clubs bank account before **Friday 4<sup>th</sup> August**.

Athletes can either pay this fee on their own using their Full Name as a reference or the school can do a bulk payment on behalf of all of the students entering the competition and use the Schools name as a reference.

## Competition Hosts

The Event Hosts are as follows:

**WELLINGTON** – 41 Degrees Weightlifting Club  
Location: MaD Strength & Conditioning Gym  
Address: 58 Victoria Street, Petone, Lower Hutt  
Contact Person: Matt Dyson  
Contact Phone: 0272322701

**Contact Email: [info@41degreeswlc.co.nz](mailto:info@41degreeswlc.co.nz)**

**WELLINGTON EVENT DATE: Sunday 20<sup>th</sup> August**

**WHANGAREI** – Northland Olympic Weightlifting  
Location: FarNorth CrossFit  
Address: 17 Finlayson Street, Whangarei  
Club Contact: Jacob Lawgun  
Contact Phone Number: 02102209234

**Contact Email: [jvlawgun@xtra.co.nz](mailto:jvlawgun@xtra.co.nz)**

**WHANGAREI EVENT DATE: Saturday 26<sup>th</sup> August**

## Age Groups

Competitors at this event will be divided into two separate age groups.  
Age groups are decided using the athletes age at 31<sup>st</sup> December 2017.

These are:

1. Athletes aged 15 years and under
2. Athletes aged over 15 years

## Body Weight Classes

Competitors at this event will be classified using the IWF Youth Body weight classes regardless of their age group.

They are as follows:

Male Body Weight Categories							
50kg	56kg	62kg	69kg	77kg	85kg	94kg	94kg+
Female Body Weight Categories							
44kg	48kg	53kg	58kg	63kg	69kg	75kg	75kg+

## Qualifying Requirements

All athletes MUST satisfy the following THREE requirements set by the NZ Secondary Schools Sports Council:

1. Be enrolled as a bona fide (Year 9 or above) student at the school of representation and studying at least 80% of a programme that is part of the timetable provided by the school for at least four weeks immediately prior to the event;
2. Have a satisfactory attendance record at the school (final decision will be made at the Principals discretion); and
3. Have reached a maximum of 18 years of age at 1<sup>st</sup> January 2015.

All athletes MUST satisfy the following three requirements set by OWNZ:

1. Be a registered member of OWNZ; with all 2017 membership fees paid;
2. Have reached a minimum age of 12 years at 1<sup>st</sup> January 2017; and
3. Not be banned from any other sport in any country of the world because of a doping offence.

### Note:

A dispensation may be given to athletes who are under 12 years of age on 1<sup>st</sup> January 2017 provided they can demonstrate a record of lifting in club competition prior to this event. Applications should be made in writing to [info@olympicweightlifting.nz](mailto:info@olympicweightlifting.nz)

## Regional Titles and Medals

The hosting clubs will calculate the final rankings at their events and award athletes with medals and certificates that recognize their title within the region. Titles will be awarded on the basis of age group, gender and bodyweight class.

## Best Male and Female Athlete Competition

The hosting clubs will calculate and award a prize to the best female and best male athlete chosen by using the Sinclair formula.

## National Titles and Medals

Following the conclusion of the events, the results will be collated by OWNZ. National titles will be awarded on the basis of age group, gender and body weight class.

OWNZ will send Medals and certificates to participating schools in recognition of athletes National Titles. A special award for the best female and best male athlete will also be presented based off Sinclair formula.

## School Teams Competition

Schools are encouraged to participate and submit team entries (if required) for the Secondary School Team Competition.

There is no minimum requirement to make a team.

- All individual entries automatically become part of the Secondary Schools Team.
- The only teams that need to be declared (via a Team Entry Form) are those who have a greater number of entries than the competition allows.

Team entries allow the following:

- **Men's:** A maximum of 8 men per team (with no more than two per bodyweight class)
- **Women's:** A maximum of 8 women per team (with no more than two per bodyweight class)

Deadline for team entry forms must be submitted to the hosting club by Friday 4<sup>th</sup> August.

*Remember this entry form is only required if your school has a greater number of entries than 8 males and/or 8 females.*

Team points will be awarded according to the following scoring system:

<b>Athlete Placing</b>	<b>Team Points</b>
1 <sup>st</sup> Place	= 5 points
2 <sup>nd</sup> Place	= 3 points
3 <sup>rd</sup> Place	= 1 point

### **Uniform Requirements**

All athletes must wear an appropriate lifting suit according to the IWF standards. School P.E. Uniform is acceptable as long as t-shirts are collarless and the referees can see elbows and knees.

### **Citizenship Requirements**

Athletes MUST be New Zealand citizens to be eligible for National titles and/or earn team points.

Athletes who are not New Zealand Citizens OR are registered members of another National Weightlifting Federation may enter the National Secondary School Championships but MUST:

1. Compete as a Guest Competitor
2. Supply [info@olympicweightlifting.nz](mailto:info@olympicweightlifting.nz) with written permission to compete from the National Weightlifting Federation that holds their membership.

### **Exceptional Circumstances**

Athletes who are faced with exceptional circumstances may apply to OWNZ for dispensation from the official qualifying requirements.

Applications for dispensation from the qualifying requirements should be submitted to the OWNZ Executive Officer.

Any other further questions regarding the 2017 National Secondary School Weightlifting Championships should be directed to the OWNZ General Manager, Emma Pilkington.

Yours Sincerely,

Emma Pilkington

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