

# South Island Championships

Held: Saturday, July 16, 2011

at: Gravity Gym and Southland Weightlifting Gym

| Lot | Name                 | Sex | Born       | State | Body weight | SNATCH        |                |                | CLEAN & JERK   |                |                | Best   |       | TOTAL | Sinclair Score | SEN Place | JUN Place |
|-----|----------------------|-----|------------|-------|-------------|---------------|----------------|----------------|----------------|----------------|----------------|--------|-------|-------|----------------|-----------|-----------|
|     |                      |     |            |       |             | 1             | 2              | 3              | 1              | 2              | 3              | Snatch | C & J |       |                |           |           |
|     | Jade Hawken          | F   | 11/14/1997 | SOW   | 52.60       | 26            | 30             | <del>21</del>  | 32             | 36             | 40             | 30     | 36    | 66    | 93.345         | 1         | 1         |
|     | Sheena Phillips      | F   | 5/17/1988  | SOW   | 61.70       | 45            | <del>50</del>  | <del>50</del>  | 55             | <del>60</del>  | <del>60</del>  | 45     | 55    | 100   | 125.992        | 1         |           |
|     | Amanda Watson        | F   | 2/24/1966  | SOW   | 89.10       | <del>20</del> | <del>20</del>  | 30             | 40             | 43             | <del>45</del>  | 30     | 43    | 73    | 77.027         | 1         |           |
|     | Ashleigh MacDougall  | F   | 11/15/1994 | SOW   | 93.60       | 48            | 51             | 53             | 56             | 61             | <del>63</del>  | 53     | 61    | 114   | 118.575        | 1         | 1         |
|     | Kieran Harrington    | m   | 12/7/94    | ccw   | 55.40       | <del>37</del> | <del>37</del>  | 37             | 47             | <del>50</del>  | 50             | 37     | 50    | 87    | 135.932        | 1         | 1         |
|     | Robby Madges         | m   | 13/12/97   | ccw   | 47.70       | 30            | 33             | 35             | 45             | 47             | <del>50</del>  | 35     | 47    | 82    | 145.085        | 2         | 2         |
|     | Daniel Morris        | m   | 18/10/96   | ccw   | 52.00       | 32            | <del>35</del>  | 35             | 45             | <del>50</del>  | <del>50</del>  | 35     | 45    | 80    | 131.505        | 3         | 3         |
|     | Connor O'rourke      | m   | 8/1/97     | ccw   | 54.80       | 30            | <del>32</del>  | 32             | 45             | 47             | <del>50</del>  | 32     | 47    | 79    | 124.490        | 4         | 4         |
|     | Keegan McGown        | m   | 3/4/1998   | SOW   | 52.90       | 25            | <del>20</del>  | <del>20</del>  | 34             | <del>28</del>  | 40             | 25     | 34    | 59    | 95.634         | 5         | 5         |
|     | Kim Essenberg        | m   | 17/5/96    | ccw   | 59.50       | 42            | 45             | 45             | 52             | 57             | <del>60</del>  | 45     | 57    | 102   | 150.998        | 1         | 1         |
|     | Grant Lawrewnce      | m   | 2/3/94     | nbw   | 57.80       | 35            | 40             | 40             | <del>50</del>  | 50             | <del>55</del>  | 40     | 50    | 90    | 136.127        | 2         | 2         |
|     | Vester Villalon      | m   | 13/11/91   | wc    | 63.20       | 95            | <del>100</del> | <del>100</del> | 121            | 127            | <del>130</del> | 95     | 127   | 222   | 314.850        | 1         | 1         |
|     | Jack Mallinson       | m   | 22/11/94   | ccw   | 63.90       | 70            | 75             | <del>78</del>  | 92             | 94             | 94             | 75     | 94    | 169   | 237.878        | 2         | 2         |
|     | James Lobban         | m   | 26/6/94    | ccw   | 66.80       | 70            | 73             | <del>75</del>  | 90             | 95             | <del>97</del>  | 73     | 95    | 168   | 229.566        | 3         | 3         |
|     | Rhett Klopper        | m   | 1/17/95    | ccw   | 65.90       | 55            | <del>60</del>  | 60             | 80             | 82             | <del>85</del>  | 60     | 82    | 142   | 195.775        | 4         | 4         |
|     | Ethan Hawken         | m   | 9/2/1996   | sow   | 65.90       | <del>57</del> | <del>60</del>  | 60             | 72             | <del>80</del>  | <del>80</del>  | 60     | 72    | 132   | 181.988        | 5         | 5         |
|     | Shaun Larsen         | m   | 6/8/1997   | sow   | 65.80       | 40            | 42             | 44             | 58             | 61             | 65             | 44     | 65    | 109   | 150.430        | 6         | 6         |
|     | Max Mallinson        | m   | 20/2/96    | ccw   | 67.90       | 45            | 48             | 48             | 60             | <del>65</del>  | <del>65</del>  | 48     | 60    | 108   | 146.027        | 7         | 7         |
|     | Stewart Bruerton     | m   | 4/11/93    | ccw   | 71.30       | 85            | 89             | <del>92</del>  | 105            | 110            | <del>116</del> | 89     | 110   | 199   | 260.981        | 1         | 1         |
|     | Heath Kingi-Kelso    | m   | 12/22/1992 | sow   | 76.90       | 70            | 90             | <del>91</del>  | 100            | 105            | 106            | 90     | 105   | 195   | 244.722        | 2         | 2         |
|     | Ben Thompson         | m   | 1/4/1988   | sow   | 69.70       | 60            | 65             | <del>70</del>  | <del>80</del>  | <del>90</del>  | 90             | 65     | 90    | 155   | 206.137        | 3         | 3         |
|     | Tom MacDonald        | m   | 10/30/94   | ccw   | 76.90       | 55            | 60             | 62             | 80             | 83             | 85             | 62     | 85    | 147   | 184.216        | 4         | 3         |
|     | Blake McCorkindale   | m   | 11/24/1997 | sow   | 69.10       | 35            | 40             | 42             | 45             | <del>50</del>  | 50             | 40     | 50    | 90    | 120.343        | 5         | 4         |
|     | Saxon Gregory-Hunt   | m   | 11/5/93    | ccw   | 83.10       | 107           | <del>111</del> | <del>111</del> | 135            | 140            | <del>146</del> | 107    | 140   | 247   | 297.500        | 1         | 1         |
|     | Christian Jessop     | m   | 9/4/94     | nbw   | 82.70       | 80            | 85             | 90             | 80             | 90             | 100            | 90     | 100   | 190   | 229.404        | 2         | 2         |
|     | Kane Taulofa         | m   | 3/16/1988  | sow   | 79.00       | 65            | 71             | 75             | <del>97</del>  | 98             | <del>105</del> | 75     | 98    | 173   | 213.934        | 3         | 3         |
|     | Jonathan Barakauskas | m   | 17/11/94   | wc    | 81.00       | 70            | 75             | <del>80</del>  | 85             | <del>90</del>  | <del>90</del>  | 75     | 85    | 160   | 195.256        | 4         | 3         |
|     | Edrian Groufsky      | m   | 18/12/94   | ccw   | 78.00       | 50            | <del>55</del>  | <del>55</del>  | 75             | <del>80</del>  | <del>80</del>  | 50     | 75    | 125   | 155.649        | 5         | 4         |
|     | Curran Power         | m   | 2/27/97    | ccw   | 78.20       | 45            | 47             | <del>50</del>  | 57             | 60             | 63             | 47     | 63    | 110   | 136.779        | 6         | 5         |
|     | Jason Hylkema        | m   | 1/17/88    | nbw   | 89.20       | 90            | 95             | <del>100</del> | 110            | 115            | <del>120</del> | 95     | 115   | 210   | 244.489        | 1         | 1         |
|     | Jasper Irvine        | m   | 2/15/95    | nbw   | 87.80       | 75            | 80             | 85             | 95             | 100            | 105            | 85     | 105   | 190   | 222.822        | 2         | 1         |
|     | Richard Gallagher    | m   | 10/1/90    | wc    | 92.50       | 75            | 80             | 81             | 100            | <del>110</del> | <del>110</del> | 81     | 100   | 181   | 207.363        | 3         | 3         |
|     | Nigel Nguyen         | m   | 19/7/92    | ccw   | 86.40       | 78            | <del>81</del>  | <del>81</del>  | 100            | <del>105</del> | <del>109</del> | 78     | 100   | 178   | 210.338        | 4         | 2         |
|     | Thomas Wright        | m   | 10/26/1983 | sow   | 87.50       | 63            | 71             | <del>75</del>  | 97             | 101            | <del>106</del> | 71     | 101   | 172   | 202.036        | 5         | 5         |
|     | Thomas Gough         | m   | 8/8/91     | wc    | 91.60       | 50            |                |                | 110            | <del>115</del> | <del>115</del> | 50     | 110   | 160   | 184.083        | 6         | 3         |
|     | David Correos        | m   | 8/12/92    | ccw   | 97.00       | 113           | 116            | <del>120</del> | 150            | 156            | <del>160</del> | 116    | 156   | 272   | 305.543        | 1         | 1         |
|     | Andy Barakauskas     | m   | 3/6/92     | wc    | 95.20       | 110           | 115            | <del>118</del> | <del>140</del> | 140            | <del>145</del> | 115    | 140   | 255   | 288.625        | 2         | 2         |
|     | Tyler Cowles         | m   | 27/10/94   | ccw   | 95.20       | 57            | 62             | 65             | 67             | <del>72</del>  | 72             | 65     | 72    | 137   | 155.065        | 3         | 3         |
|     | Tim Trip             | m   | 4/11/96    | wc    | 95.30       | 50            | <del>55</del>  | <del>55</del>  | <del>60</del>  | <del>62</del>  | 63             | 50     | 63    | 113   | 127.846        | 4         | 4         |
|     | Jack Mayo            | m   | 28/2/97    | ccw   | 96.70       | 40            | 44             | 44             | 55             | 60             | <del>62</del>  | 44     | 60    | 104   | 116.970        | 5         | 5         |
|     | Jacob Matthews       | m   | 5/13/1990  | oawla | 99.99       |               |                |                |                |                |                |        |       |       |                |           |           |
|     | Steve Nally          | m   | 2/19/1967  | sow   | 120.20      | <del>70</del> | 70             | <del>75</del>  | 85             | 92             | 97             | 70     | 97    | 167   | 174.962        | 1         |           |

| REFEREE 1                   | REFEREE 2              | REFEREE 3    |
|-----------------------------|------------------------|--------------|
| Richard Dryden/Terry Hughes | Lee Attrill/Matt Leach | Jono Selkirk |
| David Hughan                | Doug MacDougall        | Barry Rait   |
| Signature:                  | Signature:             | Signature:   |

JURY:

TECHNICAL CONTROLLER(S):

- Best Lifter Male: Vester Villalon
- Best Lifter Female: Sheena Phillips
- Best Junior Lifter Male: Vester Villalon
- Best Junior Lifter Female: Ashleigh Macdougall
- Best Youth Lifter Male: Jack Mallinson
- Best Youth Lifter Female: Jade Hawken
- Mens Team Competition: Christchurch City Weightlifting

Mens Team Points Competition

|            | 56kg | 62kg | 69kg | 77kg | 85kg | 94kg | 105kg | 105+kg | TOTAL      |
|------------|------|------|------|------|------|------|-------|--------|------------|
| <b>CCW</b> | 53   | 28   | 48   | 28   | 28   |      | 28    |        | <b>213</b> |
| <b>NBW</b> |      | 25   |      |      | 25   | 53   |       |        | <b>103</b> |
| <b>SOW</b> | 21   |      | 39   | 48   | 23   | 21   |       | 28     | <b>180</b> |
| <b>WC</b>  |      |      | 28   |      | 22   | 43   | 47    |        | <b>140</b> |

Winner is: Christchurch City Weightlifting

| PLACING |
|---------|
| 1st     |
| 4th     |
| 2nd     |
| 3rd     |
|         |