



Affiliated to the International Weightlifting Federation

### New Zealand Interschool's Weightlifting Championship 2015 - Round 3

Congratulations to Rangitoto College who won the round with an impressive 152 points. They beat their nearest rivals One Tree Hill College by 26 points. Third place was taken out by Macleans College.

Overall standings after 3 rounds are also very close for the top 3. One Tree Hill College have just edged out Rangitoto College followed closely by Papatoetoe High School. It looks as though the most consistent school will win this competition!

Good luck to all schools for round 4 in June.

Attached are the results for the second round of the School Weightlifting League.

Results as follows:

Cheers,

Darvl Blincoe

National Secondary Schools League - Round 3

May 2015

**50kg Youth Class** Youth National Records: Snatch 70kg - Cameron McTaggart C&J 88kg - Cameron Moss Total 155kg - Cameron Moss

Name	D.O.B.	School	Wt	Sn 1	Sn 2	Sn 3	Best Snatch	C&J 1	C&J 2	C&J 3	Best C&J	Total	Points	Grade
Dean PAR	20-Apr-00	One Tree Hill College	48.8	49	52	<del>56</del>	52	65	70	73	73	125	28	
Taine OLLERENSHAW	9-Aug-00	Rangitoto College	50	32	34	36	36	46	49	<del>49</del>	49	85	25	
Tom GAZE	5-Sep-01	Rangitoto College	45	15	17	20	20	25	27	30	30	50	23	
Nathan BURCH	21-Jan-02	Sacred Heart College	49.3	15	16	17.5	17.5	20	21	22.5	22.5	40	22	
Aston WHITI-ROWLAND	29-Apr-01	Te Kauwhata College	DNL									0		
Adam ROBERTS		Wellington High School	DNL									0		

**56kg Class** Youth National Records: Snatch 83kg - Robbie Madges C&J 107kg - Cameron Moss Total 187kg - Cameron Moss

Name	D.O.B.	School	Wt	Sn 1	Sn 2	Sn 3	Best Snatch	C&J 1	C&J 2	C&J 3	Best C&J	Total	Points	Grade
Dan TRA	29-Jul-00	Rangitoto College	55.5	40	43	45	45	60	<del>64</del>	65	65	110	28	
Kade BROWNE	24-Jul-00	Waiuku College	52	35	37	<del>40</del>	37	<del>45</del>	47	<del>50</del>	47	84	25	
Dale BALLANTYNE	21-Oct-98	Howick College	54.9	32.5	35	<del>37.5</del>	35	40	45	48.5	48.5	83.5	23	
Josh WILLIAMS	28-Mar-02	Hutt International Boys School	DNL									0		
William BAHLER	30-Nov-00	Hutt International Boys School	DNL									0		
Jed LAWGUN	30-Mar-02	Christian Renewal School	DNL									0		
Isaac LAWGUN	15-May-00	Whangarei Boys High	DNL									0		
Nathann JOHNSTON	5-Sep-01	Te Kauwhata College	DNL									0		

**62kg Class** Youth National Records: Snatch 94kg - Cameron Moss C&J 120kg - Cameron Moss Total 210kg - Cameron Moss

Name	D.O.B.	School	Wt	Sn 1	Sn 2	Sn 3	Best Snatch	C&J 1	C&J 2	C&J 3	Best C&J	Total	Points	Grade
Kieren HEMPSEY	9-Feb-99	Rangitoto College	59.1	51	55	59	59	70	75	<del>80</del>	75	134	28	
Te Ngaio CLEAVE	13-Jan-01	Rangitoto College	61	10	15	20	20	27	30	32	32	52	25	
Kean COOPER	9-Nov-99	Te Kauwhata College	DNL									0		
Milo WILCOCK	9-Oct-99	Wellington High School	DNL									0		
Nathan JOHNSTON	5-Sep-01	Te Kauwhata College	DNL									0		
Ben ROBERTS	15-Oct-99	Wellington High School	DNL									0		
Matt HAWKINS	12-Jul-01	Botany Downs College	DNL									0		
Yuki YUMINAGA		Auckland Grammar School	DNL									0		
Harry FINDLAY	16-Jul-01	Auckland Grammar School	DNL									0		
Connor FITZGERALD	6-Jun-01	Auckland Grammar School	DNL									0		
Christian BARAKA	9-Apr-00	Liston College	DNL									0		
Ethan FIGOTA	11-Aug-03	West Auckland Middle School	DNL									0		

**69kg class** Youth National Records: Snatch 115kg - Cameron McTaggart C&J 136kg - Cameron McTaggart Total 251kg - Cameron McTaggart

Name	D.O.B.	School	Wt	Sn 1	Sn 2	Sn 3	Best Snatch	C&J 1	C&J 2	C&J 3	Best C&J	Total	Points	Grade
Andrew HU		Macleans College	64kg	<del>54</del>	<del>54</del>	51	51	63	<del>65</del>	<del>67</del>	63	114	28	
Addison LIU	28-Apr-98	Macleans College	67kg	40	43	<del>46</del>	43	55	<del>60</del>	60	60	103	25	
Simon VAN DEN BERG	17-Jun-99	Rangitoto College	63	35	40	42	42	42	47	50	50	92	23	
Kane Niel	31-May-00	Macleans	68kg	37	<del>40</del>	<del>40</del>	37	40	<del>43</del>	<del>45</del>	40	77	22	
Zacharius PATAI	2-Jul-01	Auckland Grammar School	DNL									0		
Harry BEAL	27-Jun-01	Macleans College	DNL									0		
Aiman FARIZ	8-Dec-97	Tauranga Boys College	DNL									0		
Daniel HALTON	17-Jul-99	Whangarei Boys High	DNL									0		
Malcolm ROBSON-WRIGHT		ACG Parnell College	DNL									0		
Gabriel BROUGHAM	21-Jul-01	Botany Downs College	DNL									0		

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**77kg Class** Youth National Records: Snatch 116kg - Cameron McTaggart C&J 140kg - Cameron McTaggart Total 256kg - Cameron McTaggart

Name	D.O.B.	School	Wt	Sn 1	Sn 2	Sn 3	Best Snatch	C&J 1	C&J 2	C&J 3	Best C&J	Total	Points	Grade
Ezael MAEA-BROWNS	8-Jul-99	One Tree Hill College	74	50	55	<del>58</del>	55	60	<del>65</del>	68	68	123	28	
Thomas MALE	10-Mar-99	ACG Strathallen	74.4	40	47.5	<del>50</del>	47.5	50	57.5	62.5	62.5	110	25	
Owen WEBB	15-Jul-99	Kavanagh College	70.7	45	<del>48</del>	<del>48</del>	45	55	58	62	62	107	23	
Leetham BEATT	1-Oct-01	Macleans College	73.5	43	46	<del>50</del>	46	55	60	65	60	106	22	
Kade DUNCAN	26-Jan-00	Waiuku College	71.6	35	37.5	<del>40</del>	37.5	45	47	50	50	87.5	21	
Josh GLASS	9-Nov-01	Botany Downs College	72.2	20	27.5	30	30	25	27.5	32.5	32.5	62.5	20	
Xavier ALBERT	28-Apr-98	Tauranga Boys College	DNL									0		
Patrick HENARE	6-Dec-97	Whangarei Boys High	DNL									0		
Jake BASSET	14-Jun-99	St Pats Kilbirnie	DNL									0		
Aneurin HUNT	17-Aug-97	Wellington High School	DNL									0		
Kane NIEL	31-May-00	Macleans College	DNL									0		
Rohan VAN DER WURFF		Wellington High School	DNL									0		

**85kg Class** Youth National Records: Snatch 115kg - Cameron McTaggart C&J 140kg - Cameron McTaggart Total 256kg - Cameron McTaggart

Name	D.O.B.	School	Wt	Sn 1	Sn 2	Sn 3	Best Snatch	C&J 1	C&J 2	C&J 3	Best C&J	Total	Points	Grade
Uaealesi FUNAKI	4-Nov-98	Southern Cross	82.1	80	85	<del>90</del>	85	100	108	115	115	200	28	
Tapu IESE	10-Nov-98	One Tree Hill College	79	65	<del>70</del>	70	70	80	85	90	90	160	25	
Winston ZHAO	18-Jan-99	Macleans College	79kg	<del>55</del>	55	<del>60</del>	55	<del>60</del>	65	70	70	125	23	
Logan PARANGI	30-May-98	One Tree Hill College	78.5	40	45	50	50	50	55	58	58	108	22	
Douglas MANZO	4-Oct-98	Manurewa High School	81.9	<del>92</del>	<del>92</del>	<del>92</del>	0				0	0		
Josh HOMERSHAM	8-Dec-98	John McGlashan College	DNL									0		
Eric ZHANG		Auckland Grammar School	DNL									0		
Ioane JOB	10-Jul-97	Whangarei Boys High	DNL									0		
John WELLS	27-May-97	Whangarei Boys High	DNL									0		
Taniora TAMATI-RAKETE	2-Feb-00	Wellington High School	DNL									0		
Josh STEWART		Wellington High School	DNL									0		

**94kg Class** Youth National Records: Snatch 116kg - Vernon Taylor C&J 141kg - Vernon Taylor Total 257kg - Vernon Taylor

Name	D.O.B.	School	Wt	Sn 1	Sn 2	Sn 3	Best Snatch	C&J 1	C&J 2	C&J 3	Best C&J	Total	Points	Grade
Kesniel SETEFANO	5-Apr-00	Papatoetoe High School	90.1	55	60	63	63	70	75	<del>80</del>	75	138	28	
Taiao KAWITI	6-Apr-97	TeKapehu Whete	DNL									0		
John PENSABER		Auckland Grammar School	DNL									0		
Samuel FORTES		Auckland Grammar School	DNL									0		

**105 Kg Class** 94+ Youth National Records: Snatch 116kg - Vernon Taylor C&J 139kg - Vernon Taylor Total 255kg - Vernon Taylor

## 105 Junior National Records: Snatch 145kg - Heinz Baker C&amp;J 175kg - Heinz Baker Total 320kg - Heinz Baker

Name	D.O.B.	School	Wt	Sn 1	Sn 2	Sn 3	Best Snatch	C&J 1	C&J 2	C&J 3	Best C&J	Total	Points	Grade
George FAAMU	23-Dec-97	Wesley College	104.8	95	100	<del>105</del>	100	120	125	130	130	230	28	
Rashaun FISO	18-Aug-97	De La Salle College	103.1	85	90	93	93	113	118	<del>123</del>	118	211	25	
Vernon TAYLOR		Auckland Grammar School	DNL									0		
Timothy NOAKES		Hutt Valley High	DNL									0		

**105+ Kg Class** 94+ Youth National Records: Snatch 115kg - Heinz Baker C&J 138kg - David Liti Total 250kg - Heinz Baker

## 105+ Junior National Records: Snatch 135kg - Gavin Hubbard C&amp;J 170kg - Gavin Hubbard Total 300kg - Gavin Hubbard

Name	D.O.B.	School	Wt	Sn 1	Sn 2	Sn 3	Best Snatch	C&J 1	C&J 2	C&J 3	Best C&J	Total	Points	Grade
Joachim SETEFANO	18-Jul-98	Papatoetoe High School	149.2	95	100	<del>105</del>	100	135	140	<del>145</del>	140	240	28	
Mithcell DOBBS	31-Mar-99	Papatoetoe High School	140.5	55	60	65	65	75	80	85	85	150	25	
David TATAFU	23-Mar-99	One Tree Hill College	130.5	40	45	50	50	50	<del>55</del>	58	58	108	23	

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## 44kg Youth Class

Name	D.O.B.	School	Wt	Sn 1	Sn 2	Sn 3	Best Snatch	C&J 1	C&J 2	C&J 3	Best C&J	Total	Points	Grade
Emma WATKINS	7-Apr-01	Sancta Maria College	34.3	9.5	12	13	13	12	15	17.5	17.5	30.5	28	
Trinity TIMALOA	19-May-04	Hebron	DNL									0		

## 48kg Class Youth National Records: Snatch 50kg - Paige Lawgun C&amp;J 60kg - Total 108kg - Paige Lawgun

Name	D.O.B.	School	Wt	Sn 1	Sn 2	Sn 3	Best Snatch	C&J 1	C&J 2	C&J 3	Best C&J	Total	Points	Grade
Paige LAWGUN	10-Apr-99	Whangarei Girls High	DNL									0		

## 53kg Class Youth National Records: Snatch 52kg - Charlotte Moss C&amp;J 65kg - Charlotte Moss Total 117kg - Charlotte Moss

Name	D.O.B.	School	Wt	Sn 1	Sn 2	Sn 3	Best Snatch	C&J 1	C&J 2	C&J 3	Best C&J	Total	Points	Grade
Kohu KAITI		Epsom Girls Grammar	DNL									0		
Amy CHEN		Auckland International College	DNL									0		

## 58kg class Youth National Records: Snatch 61kg - Naime Kari C&amp;J 71kg - Naime Kari Total 130kg - Rebecca Walton

Name	D.O.B.	School	Wt	Sn 1	Sn 2	Sn 3	Best Snatch	C&J 1	C&J 2	C&J 3	Best C&J	Total	Points	Grade
Chelsea WARMAN	2-Jan-98	Howick College	57.2	<del>38</del>	38	<del>40</del>	38	48	<del>50</del>	<del>50</del>	48	86	28	
Madi WILLIAMS	4-Apr-98	Burnside	DNL									0		
Leanni BROWNE	5-Feb-00	Waiuku College	DNL									0		

## 63kg Class Youth National Records: Snatch 64kg - Naime Kari C&amp;J 80kg Kaeley Elkington Total 140kg - Naime Kari

Name	D.O.B.	School	Wt	Sn 1	Sn 2	Sn 3	Best Snatch	C&J 1	C&J 2	C&J 3	Best C&J	Total	Points	Grade
Leanni BROWNE	5-Feb-00	Waiuku College	61	35	27	40	40	45	47	<del>50</del>	47	87	28	
Olivia KELLY	4-Oct-99	Glendowie College	DNL									0		
Leshago MPE	31-Aug-97	Pompallier College	DNL									0		

## 69kg Class Youth National Records: Snatch 67kg - Stephanie McKenzie C&amp;J 77kg - Chantal Lambrechts Total 140kg - Stephanie McKenzie

Name	D.O.B.	School	Body We	snatch	snatch	snatch	Best Snatch	C&J 1	C&J 2	C&J 3	Best C&J	Total	Points	Grade
Hazel LATOA	8-Aug-97	Waitakere College	67.3	57	-	-	57	68	-	-	68	125	28	

## 75kg Class

Name	D.O.B.	School	Wt	Sn 1	Sn 2	Sn 3	Best Snatch	C&J 1	C&J 2	C&J 3	Best C&J	Total	Points	Grade
Manine LYNCH		Epsom Girls Grammar	DNL									0		
Stevie-Li LUM	29-Jan-01	Kaitaia College	DNL									0		

## 75+kg Class 69+ Youth National Records: Snatch 71kg - Stephanie McKenzie C&amp;J 75kg - Stephanie McKenzie Total 141kg - Stephanie McKenzie

Name	D.O.B.	School	Wt	Sn 1	Sn 2	Sn 3	Best Snatch	C&J 1	C&J 2	C&J 3	Best C&J	Total	Points	Grade
Shiloh AMITUANAI	16-May-02	Massey High School	DNL									0		
Eukaria FIGOTA	11-Aug-00	West Auckland Middle School	DNL									0		
Giovanna FIGOTA	24-Apr-02	West Auckland Middle School	DNL									0		
Veronique KINI	9-Apr-00	Kelston Girls	DNL									0		

## Primary School

Name	D.O.B.	School	Wt	Sn 1	Sn 2	Sn 3	Best Snatch	C&J 1	C&J 2	C&J 3	Best C&J	Total	Points	Grade
No Lifters												0		

National Secondary School League - Team classification (best of 6 lifters) - Round 3 May 2015

School	Lifters	Points	Pts towa
Rangitoto College	6	152	28
One Tree Hill College	5	126	25
Macleans College	5	120	23
Papatoetoe High	3	81	22
Waiuku College	3	74	21
Howick College	2	51	20
Sancta Maria College	1	28	19
Wesley College	1	28	19
Southern Cross	1	28	19
Waitakere College	1	28	19
De La Salle	1	25	15
ACG Strathallen	1	25	15
Kavanagh College	1	23	13
Sacred Heart College	1	22	12
Botany Downs College	1	20	11
Manurewa High	1	0	0
Hutt International Boys' School	0	0	0
Wellington High	0	0	0
Glendowie College	0	0	0
Te Kauwhata College	0	0	0
Burnside	0	0	0
Auckland Grammar School	0	0	0
St Pats Kilbirnie	0	0	0
John McGlashan College	0	0	0
Whangarei Boys High	0	0	0
West Auckland Middle School	0	0	0
Epsom Girls Grammar School	0	0	0
Tauranga Boys High	0	0	0
Hebron	0	0	0
Massey High School	0	0	0
Pompallier College	0	0	0
TeKapehu Whete	0	0	0
Whangarei Girls High	0	0	0
Auckland International College	0	0	0
Kaitaia College	0	0	0
ACG Parnell	0	0	0
Hutt Valley High	0	0	0
Kelston Girls High	0	0	0
Christian Renewal School	0	0	0
Liston College	0	0	0
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National Secondary School League - Overall Team Standings 2015

School	# of Rounds	Points	Placing
Auckland Grammar School	2	39	8th=
Whangarei Boys High	1	25	15th
Wellington High	2	40	6th=
One Tree Hill College	3	75	1st
Rangitoto College	3	74	2nd
Papatoetoe High	3	64	3rd
Te Kauwhata College	2	40	6th=
West Auckland Middle School	1	18	20th=
Epsom Girls Grammar School	1	17	22nd=
Tauranga Boys High	1	17	22nd=
Botany Downs College	3	42	5th
Waiuku College	3	54	4th
Hebron	1	13	26th=
Manurewa High	3	32	10th=
Massey High School	1	13	26th=
Pompallier College	1	13	26th=
TeKapehu Whete	1	13	26th=
Waitakere College	2	32	10th=
Whangarei Girls High	1	13	26th=
Auckland International College	1	6	34th=
De La Salle	3	31	13th
Glendowie College	3	21	18th
John McGlashan College	2	13	26th=
Kaitaia College	1	6	34th=
Sancta Maria College	3	39	8th=
ACG Parnell	1	5	36th
Hutt International Boys' Scho	2	18	20th=
Hutt Valley High	1	0	37th=
Howick College	3	26	16th
Kelston Girls High	1	0	37th=
Southern Cross	3	28	14th
Sacred Heart College	3	16	24th=
Christian Renewal School	1	0	37th=
Kavanagh College	2	16	24th=
ACG Strathallen	3	20	19th
St Pats Kilbirnie	2	8	33rd
Liston College	1	0	37th=
Macleans	2	23	17th
Wesley College	2	32	10th=
Burnside	1	12	32nd